

GRAVY MIX – Contains Wheat

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MAYONNAISE – Contains Mustard, Eggs and Milk

SPONGE MIX – Contains Eggs, Milk, Soya Beans and Cereals containing Gluten

ICECREAM CUP CONES – Contains Wheat, Soya and Milk

MERINGUES – Contains Egg, Milk

TORTILLA WRAPS – Contains Wheat and Gluten

NOODLES – Contains Wheat, Egg

PASTRY – Wheat

SOY SAUCE – Contains Soya, Wheat Gluten

DREAM TOPPING – Contains Milk Proteins

YOGURT – Contains Milk

CHEESECAKE TOPPING – Contains Milk, and may contain Eggs, Soya Beans, Wheat and Cereals containing Gluten

PASTA – Contains Gluten

BREAD CRUMBS – Contains Wheat

CHOCOLATE (MILK)– Contains Milk, Gluten and Soya

CHEESE – Contains Milk

FLOUR – Contains Wheat

DIGESTIVE BISCUITS – Contains Wheat Flour, Milk

FISH FINGER & FISH – Contains Wheat Flour

VEGETABLE NUGGETS – Contains Wheat Gluten

CHEESE & ONION PASTY – Contains Wheat, Milk Proteins, Flour, Cheese

CHOCOLATE SPONGE MIX – Contains Wheat, Eggs, Gluten, Milk & Soya

CUPCAKES – Contains Milk, Flour, Eggs, Butter

SAUSAGES – Contain Wheat

OATS – Contains Cereal containing Gluten

SAUSAGE ROLLS – Contains wheat

DONUTS – Contain Wheat & Milk

GINGERBREAD MEN – Contain Wheat

COLESLAW & POTATO SALAD – Contain Milk, mustard & Egg

MASHED POTATO – CONTAINS Milk, Soy Beans and Sulphites

TUNA PUFFS – Contain Cheese and Wheat

PIZZA – Contains Wheat and Cheese

DUMPLINGS- Contain Wheat

QUORN PRODUCTS – Contain Egg, Barley Gluten, Milk,

ICE-CREAM – Contains Milk, and Soya Beans

STORK MARGARINE – Contains Buttermilk

VEGAN FAT SPREAD

CUSTARD – Contains Milk

CHEESE TURNOVERS – Contains Wheat and Cheese

TUNA PASTA BAKE – Contains Milk, Cheese, Wheat

SPAGHETTI CARBONARA – Contains Wheat, Milk and Cheese

WRAPS – Contain Wheat

WRAPS – Can Contain Cheese, Celery, Wheat, Milk

PASTA, PEAS & BACON – Contains Wheat, Cheese and Milk

FLAPJACK – Contains Cereal containing Gluten,

SHORTBREAD & BISCUITS – Contains Wheat

SOUTHERN CHICKEN – Contains Wheat, Eggs and Milk

BREAD PRODUCTS – Contain Wheat

RICE KRISPIE CAKES – Contain Milk

VEGETABLE & CHICKEN STOCK – Contain Soy Bean & Sulphites

CHOWMEIN – Contain Wheat, Egg & Soy Sauce

MOUSSE – Contains Milk

TUNA PASTA SALAD – Contain Wheat, Egg, Mustard & Milk

ETON MESS – Contain Egg, Milk, Milk Protein

CHOC ICES – Contain Milk

CHILLI CHICKEN NOODLES – Contain Wheat

SAUSAGE ROLLS – Contain Wheat

VEGETABLE ROLLS – Contain Wheat

SAUSAGE CASSEROLE – Contain Wheat, Celery & Milk

COWBOY CASSEROLE – Wheat

ST JOSEPH'S MUD PIE – Contain Milk, Wheat Flour

KORMA SAUCE – Contains Cream, Coconut, Mustard Made in a factory that uses nuts peanuts

LASAGNE, SAVOURY MINCE, COTTAGE PIE, BEEF STEW, PASTA BOLOGNESE, CHILLI, TACO MIXTURE , MINCE BEEF PIE, VEGETARIAN EQUIVALENTS AS THE ABOVE LIST ALL- Contain Milk, Wheat & Celery (WHICH IS GRAVY MIX, THIS IS SUITABLE FOR VEGETARIANS)

LASAGNE, CHICKEN PIE, FISH PIE, MACARONI CHEESE, CAULI CHEESE, VEGETABLE & SWEET CRUMBLE ALL -Contain Milk, Wheat & Cheese, Cereals contain Gluten

SALMON PIE, COTTAGE PIE, FISH PIE, HOME-MADE VEGETABLE BURGERS AND VEGETARIAN OPTIONS – Contain Milk, Soy Beans, and Sulphites, Wheat, Cheese

SWEET N SOUR – Contains Wheat Gluten and Soya

PASTA, PEAS AND BACON – Contains wheat, milk and cheese

TACO SHELLS- Contain Corn Flour

CHOCOLATE SPREAD - Milk

CEREALS - Wheat, Barley and oats

BRIOCHE - Wheat, Milk, Egg, Rye

CARAMELISED BISCUIT SPREAD - Wheat

SPAGHETTI LOOPS - Wheat